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HOMEMADE SLIME RECIPE

Ingredients: 1 cup of water
1 tablespoon *psyllium powder
2 drops food colour

Method: stir psyllium, water and food colouring in a non stick saucepan on low heat until mixture bubbles. The longer you cook the thicker the slime. Heat and stir until you get your preferred consistency.

Leave slime to cool. Once cooled it's ready to play!

Hint: Use a splash mat to keep slimy residue off your table.

*Psyllium is a natural fibre found in most health food shops.

While this slime is non toxic please note psyllium is a natural laxative.